Men's Evening Dress-Just How to Wear It and Not Feel as if Something was Wrong-A Good Walking Dress-Hunting Costumes.

There is not much change in the makeup of riding habits. Horseback exercise promises to be more and more popular. The illustration shows about the regulation style of habit, though many ladies now wear round derby hats, with or without vetls, instead of the old fashioned high stiff one. Why the stiff, high silk hat ever was invented for a riding headgear is a mystery. Nothing could be more ill adapted to its purpose. Any quiet, soft toned cloth may be chosen

to make the habits The great Paris tailors are at present making riding habits of light gray, sergelike cloth. The skirt is always rather narrow and short, while the short jacket waist is buttoned diagonally and bound with silk braid. A horse's hoof with an interlaced monogram is embroidered with dark silk on the left shoulder. The surrounded by a gray gauze veil. White kid gloves and patent leather boots belong to the finishing touches of this costume. Hunt-RIDING HABIT.

ing costumes are rather a novelty in this country, though very popular in Europe. Hunting and shooting for women grow in favor every year, perhaps because the empress of Austria set the fashion. Regular dresses have been devised as hunting garments, and very pretty and jaunty they are, too. Doubtless the fair nimrods will fall into the habit of wearing them for

walking dresses as well on long country tramps. If so, nothing more is to be desired. The era of reform in wom-. an's dress will not long be delayed. The costume in Fig. 1 is made of light and dark brown checked cloth, trimmed with velvet. The bodice opens over a leather waistcoat, leather gaiters and checked tweed hat. In such a light, loose dress as this a woman might tramp all

day and not feel HUNTING DRESS, Fig. 1. fatigued. In England it is quite the custom for ladies in high life to go with their husbands and relatives on long shooting and hunting trips. Aristocratic parties are regularly made up for a month or six weeks' shooting.



Fig. 2. Fig. 3.

Fig. 2 shows another pattern. It is made of ash gray homespun, the petticoat being buttoned at one side with dark gray fancy buttons. The drapery is arranged to leave the buttoned side visible, and has a pattern of birds down the front, which in large and small sizes and blue gray shade, stands off in effective relief from the tone of the dress. The bodice opens in front over a ribbed velvet waistcoat. Cloth gaiters and gray felt hat, bound and trimmed with gray braid, complete the costume. For Fig. 3 either ribbed velvet or strong Vigogne can be chosen. The plain skirt has no other trimming than a row of broad, dark brown silk braid. The bodice is similarly trimmed, has a postilion basque behind, rounded in front: it is cut out V shaped, and open at the top over a chamois leather waistcoat. Felt hat with jaunty feathers. High leather boots.

### Men's Evening Dress.

Many men who are the salt of the earth don't know exactly what to do in evening dress, or when it is to be worn, or what kind of a necktie to wear. In England evening dress is proper everywhere, even at home, after 6 p. m. In America, where this costume is often called a "dress suit," the question is not so easy. In a broad, general way, in this country, evening dress is proper on all "swell" occasions at night, at dinner and supper parties and banquets, at parties and in the boxes and front rows at the opera. The New York Tribune has some further hints on the subject which may be useful. It may be mentioned that shirts to wear with a dress suit are specially made. They are open in front to display the modest white or tiny gold studs that are worn, and they have the collar and cuffs made fast to them. The Tribune remarks:

Don't wear a shirt open behind. This crime cannot be concealed. Have your collars and cuffs on your shirt or stay at home. Don't wear a low hat with evening dress or a Prince Albert coat; nor a high hat with a sack coat. Die first.

Don't wear your watch chain to show with evening dress. Pawn it first. Don't wear a white or black silk or satin tie

with evening dress, White lawn, about threequarters of an inch wide, tied by yourself, is the correct thing.

Curtains strung on poles without lambrequins are liked for dining room windows. Entire bonnets are composed of ostrich

Married men do not serve as ushers at wed-

THE HOUSEHOLD.

Variety in Eating and the Food of the Future.

The race is becoming more sensitive, and gradually developing a finer, more high strung nervous organization, it is said. Physicians note that while the normal pulse-beat is put at seventy to seventy-five by the medical authorities, there is scarcely one person in ten in whom it is not quicker than that, It proves that we are developing more and more the nervous organization.

But that need not necessarily mean that we sickly man. It may mean only that the line is becoming more and more distinct perforation of the intestines and speedy death. between man and the hog, ox and elephant. And it certainly means that if we are beginning to have a finer nervous organization that we should change the character and quantity of our food. The finely strung, electric nerved man of the future cannot eat | be suppressed. In convalescence the meals messes any more, as our fathers did before

us. Those monstrous "biled dinners," consisting of huge mounds of green pork and cabbage, those piles of fried bacon, swimming in lard, will disappear. Their place will be taken by more fruits, cereals, eggs and milk-lighter foods and smaller quantities.

Already the change seems beginning. People who have tried it declare that they can sustain life on half the quantity of food considered necessary in the old times. At the same time they are in better health than they were before. There are persons, writers and others, among the most intelligent members of the community, who live on one solid meal high gray felt hat is a day. They are in good health and work constantly.

The fasting men and women-those who live eighteen, twenty and forty days without tasting anything but water, are becoming so common that they cease to attract much attention, Certain scientific men say they have discovered that mingled in the atmosphere are to be found all the elements necessary to sustain life. The fasters noted in the newspapers spend much time in the open air, in the fields and among the trees. They say

it nourishes them. Signs seem to indicate that the grosser, heavier foods are to be discarded by the coming race. The good housekeeper will therefore begin to lay before her finely organized family the food which will suit their nervous systems. Variety will be secured not by having a great number of heaping dishes at once, but by two or three dishes of appetizing, healthful food. One dish of something one likes is better than ten piled with rubbish that one cannot est. Then good-by to heavy messes. The real, refined way to secure variety is to have only two or three different dishes at one time, changing next day or next meal to something else. The food set before the family should be sufficient in quantity, of the best quality to be had in the market, carefully and daintily cooked and put upon the table in the most attractive way known to the housekeeper. Finally it is to be eaten by a clean, neat, cheerful family, who are

always polite to each other. Such is the gastronomy of the coming race.

Save Time and Labor. Much time and worry can be saved by busy housekeepers by "having things handy by," as my Yankee neighbors say. If the pantry is across the room from the cookstove, a shelf or table beside the stove, having on it at least salt, pepper, knife, fork and spoon needed in cooking, will save miles of steps in a year. Sugar, flour, spices-plainly labeled-baking powders, flavoring extracts, etc., kept in one place, and molding board, rolling pin, cake cutters and baking dishes in another group, rob baking day of half its trials: Broom, dustpan, duster and floor cloths hung side by side, help sweeping day to supplies as soon as exhausted, is a real help. he is escorting? An emergency corner in a closet, where paper and strings can always be found, prove -will save a deal of /eeping threads and bits of cloth from the carpet. Last, though not least, a cushioned chair kept "handy by" in the kitchen to rest in, if only for five minutes, when one is so tired, and a good book or paper within reach to pick up at odd minutes will refresh both body and mind. Many other things will suggest themselves to quick witted housewives intent on making the most of everything, themselves included. -Rural New Yorker.

### Tapioca Puddings.

Two kinds of tapioca pudding, very delicious, are thus made: (L) Pare and core sufficient apples to fill the pudding dish; soak a half pint of tapioca in a quart of lukewarm water for one hour; add a little sait, flavor with lemon, pour over the apples. Bake until the apples are tender. Eat, when cold, with cream and sugar. (2.) Four tablespoon-fuls of tapioca sonked for two hours in toold water. When the tapioca has softened add a quart of cold water, pinch of salt, tablespoonful of molasses and two large apples, peeled, cored and sliced. Place in a covered dish and bake in the oven for two hours, stirring occasionally; then remove the cover, still stirring. In half an hour the pudding should be a deep brown. Four into another dish and serve hot with hard sauce. The hard sauce is made by heating to a cream one cup of sugar, one heaping tenspoonful of butter and one teaspoonful of boiling water. Flavor with lemon or vanilla,-Good Housekeeping.

### To Make White Candy.

Nice white candy is easily made thus: Take one quart of granulated sugar, one pint of water and two tablespoonfuls of villagur. Boil like molasses candy, but do not stir. You can tell when it is done by trying it in cold water. Pull it as if it were molasses candy; have a dish near by with some vanilla in it, and work in enough to flavor as ou pull it; put it in a cold room and the next day it will be found delicious.

Renovating Black Silk. Black silk can be made to look almost as good as new by sponging on the right side questions of etiquette, but few more knotty with a thick flannel between the silk and the iron. When the silk is very much wrinkled sponge on the wrong side with weak gum arabic water, and when nearly dry iron between two woolen cloths.

A little kindly courtesy goes a good way in the same politeness we offer our guests we shall no ill-titting "company manners."

It is claimed for certain that tea drinking makes women nervous and irritable.

Rancid butter or lard cannot be made

HYGIENE.

Water and Digestion-Care of Convalescents-Tempt the Appetite.

The convalescent state in the case of many diseases is of as great importance as the period of the actual disease. In recovery from diphtheria, for instance, the action of the heart is weakened, and any overexertion causing too great strain upon it may prove fatal. After yellow fever solid food taken too early or exertion before the patient has had time to recuperate is often attended with relapse. And in vellow fever relapse usually means death. are growing weaker, or that the race is run- A chill after scarlet fever may also bring on ning out. A nervous man need not be a a relapse, and imprudence in eating in convalescence after typhoid fever may cause

> Solid food should not be given the patient except when directed by the attending physician. A convalescent's diet should be digestible and tempting to the appetite, except after typhoid fever, when the appetite should begin to be looked forward to with pleasure, but the appetite is usually so delicate and so easily offended that unless the food is brought into the sick room in dainty shape it is liable to be sent away untasted. The tray should be covered with a snowy napkin; the teacup should be of the pretriest china, and the viands daintily arranged on the plates, and not in too large quantities. By this means the appetite is first tempted indirectly through the eve.

As soon as it can be done with safety, the patient should return to three meals a day This gives time for the food to be digested without overtaxing the stomach. Some light food should be given the last thing at night. A cup of hot milk, cocoa or thin broth, or an egg beaten in milk, will prevent a too early waking or exhaustion in the morning. Above all things, a convalescent should never be required to wait for food when it is needed. If there must be delay in preparing a meal, a biscuit or a glass of milk should be given while waiting.

When the patient is sufficiently recovered to take a stronger diet than milk and beef tea, a well baked, menly potato may be given. It should be thoroughly cooked, mashed smoothly, sprinkled with salt and served with hot cream poured over it. Some physicians recommend fish in the early stages of convalescence. Oysters are easily digested and are good convalescent food. They may be prepared in any way except fried. Juicy, tender beef steak or mutton chops with the superfluous fat removed, chicken or game in season, are also suitable when the patient is ready for them. Vegetables, such as asparagus, green peas, cauliflower, onion, may all be offered when they are to be procured. On no account should pastry be given, except such light dishes as blane mange and custard.

The main rule to be adopted is to proceed with caution, and in giving new dishes give little at first, and if there are no bad results the quantity may be increased.

Water and Digestion.

The old medical theory that water taken with food "dilutes the gastric juice and hence its power to disintegrate the solid food," is giving way before experiment. It is now denied that water retards digestion, and is claimed that solid food needs a liquid for aiding its dissolution, for holding it in suspension when dissolved, and for facilitating its assimilation when ready for absorption by the body. It is also declared that water promotes the accumulation of flesh through better assimilation of solid food.

### ETIQUETTE.

Use of Knife and Fork-Giving Ur a Scat.

The question has been propounded, Can a "start fair." If at some distance from a store, gentleman escorting a lady on a street car or a slate hanging in the pantry, with a pencil railroad car give up his seat to another lady tied to it, on which to jot down needed who is standing without rudeness to the one

It seems impossible that any lady should rolls of warm linen and muslin, sticking object under any circumstances to such an salve, sweet oil for burns, ammonia for bee attention to one of her own sex. No man is stings, arnica for sprains, etc., are kept, and bound to give up his seat to a lady in any another corner where paper bags, wrapping public conveyance. It is simply a courtesy. paper and strings can always be found, prove But should he do so it should not be construed treasures indeed. Mrs. Fisher once said that as a want of respect to a lady he may be es-"every room in the house ought to contain corting. A woman who would feel slighted needles, thread and scissors," A scrap bag at such action does not deserve a similar athung on the sewing machine-fancy or plain tention when she is herself in need of a seat.

### Apologies. A succession of apologies is most obnoxious

to a guest. And yet this is a breach of good breeding more difficult to avoid than almost any other. It is certainly a great temptation when one invites a friend to dinner, and everything happens to go wrong on that particular day, to speak of it and apologize for it: but this does not mend matters, and only makes the guest feel uncomfortable. The well bred host passes over unfortunate circumstances, such as the undercooking of a roast, the spilling of soup or gravy, the breaking of a glass with the least possible rotice. An apology only directs attention to the mishap and does not do away with it, Some people will begin the moment a guest aters their household and make an apology or every room the guest enters—for every collected. It is, "I intended to have that fa fixed last week," or "This fire should are been made," or "I am about to change y cook," "My butcher will not have an oprtunity to send me such another piece of sat." Such references are a mark of ill breeding, and a failure to notice all deficiencies is the mark of a gentleman or a

sides than that, whether one sending a plate to be helped a second time should leave the knife and fork on the plate or hold them in the hand. If one sends them with the plate some one is liable to have them dropped on the soft spot of his or her head in passing back and forth. They are liable to settle themselves on the exact spot the helper wishes to deposit the article of food sont for; then the helper must remove them or deposit the food on them. If one holds them in the hand while waiting he is in no graceful position. Think of one chatting with a lady beside him about orchids or chrysanthemums, or the Wagner school of music, with a greasy knife and fork in his hand. Then, in which hand shall be hold them? Shall be rest his wrist on the table and violate a rule of long standing? or hold them up as an officer would carry a sword on parade? There are many knotty than this.

### Profane Language.

A gentleman should never speak profanely. Beyond any moral objection there may be in profanity, one must remember that it is liable to grate on the feelings of another. a busy household, and if in our home we use | Sir Isaac Newton, one of the greatest minds the world has produced and most far seeing into the works of the Creator, is said to have never mentioned the deity without raising his hand to his head in token of reverence. If Newton did not think himself competent to speak profanely of the creator of the universe, it is not likely that there are others who may, with safety, consider themselves at liberty to do so.

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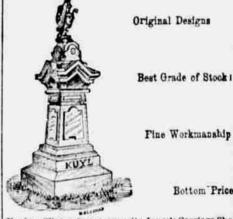
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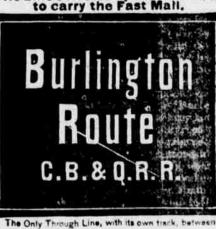
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